

# CALL FOR SUBMISSIONS!

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SUMMER 2022

# CLAIM YOUR YOUTH

Make Money  
BY JUST BEING  
YOU

CLAIM YOUR YOUTH



What's Inside

Working Out With More Friends and Less Distractions

PAGE 3

YouTube TRENDING page 3

You have a talent and there are ways to make money off your unique skill. There's no need to become instantly famous overnight, school is still your priority, but using your time off during the summer to make some cash doing what you're passionate about would be great.

CONTINUED ON PAGE 2





# Make Money BY JUST BEING YOU

*continued from page 1*

The most common path to promoting your skills is through teaching. If academics are something you thoroughly enjoy, then becoming a tutor in a specific subject, or just across the board, is a great option.

If you're an athlete, coaching youth sports or offering private training is a wonderful way to display your abilities and get to know your community.

The arts propose many opportunities with the emergence of self-publishing, self-production and self-promotion. Not everyone is going to become the next Billie Eilish, but if music is a passion, perhaps recording and uploading your content to sites such as Soundcloud or Spotify or YouTube could lead to something bigger.

If you write poetry, short stories or novels, Amazon, Lulu and Ingram Spark have made self-publishing your work easy and affordable.

For photography hobbyists, there are sites that can list your original shots for digital use or even print sales.

Then there are the gamers. People watching you play video games on sites such as Twitch has become a major trend. To save the sanity of adults reading this, the amount of money some of these young gamers make will not be shared.

The next step is self-promotion, which starts with being active on social media – something most teens already do. Even

if you have a blog about your interests, such as fashion or movies, then the possibility of monetizing your website is high, and maybe even a sponsorship could present itself.

Bringing everything back to your local community is the most direct way to earn some sort of money. Restaurants owners sometimes put prints or paintings on their walls not only to decorate the establishment, but sell them as well. Small boutiques may be even willing to include your art in their stock.

Lastly, if you're crafty or know your way around a kitchen, local flea markets or vendor villages give you a spot to sell your creations. Even something like a bake sale could be arranged in your neighborhood. That may backfire, however, because everyone could be knocking on your door after they taste your delicious delectables. Check with your city government about permits and age restrictions.

The one thing to remember is you must recognize your value. The adverse effect to the avenues of self-publishing, -production and -promotion is oversaturation, which allows consumers to take advantage of getting content for little to no cost. Audiences value the art, but they don't value the artist's time. Research what the going freelance rate is for your craft and base a price off that.

You're talented, so make sure you earn your worth – and you get to do what you love in the process.

## YouTube TRENDING

Streaming services have taken over the world it would seem. For all you cable watchers, that's why your parents complain about their bill being high. YouTube, who also offers YouTube TV, was one of the major platforms that started the revolution.

The service doesn't fade out to the competitors because it's still a public site where anyone can upload videos. Users go to it for movies, shows, music, how-to videos, book vlogs and the list can go on forever.

The industries that have success are still your staples such as music videos and movie trailers, but video gaming and celebrity interviews, as well as influencers pushing products and reviews, have trended upward for some time.

During the summer, fashion, exercise and crafts and hobbies tend to see an uptick because teens have more time on their hands. Not only are teens trying to figure out what clothes are in because they could potentially be more social, they also want to find their wardrobe for the upcoming school



year. The warm weather also promotes outdoor activities like hiking or hanging out at parks or going to the beach, so being in shape is helpful. Lastly, with no classes or homework, finding a new hobby like crocheting, painting, baking or any other interest can help fill the gaps.

Sometimes, you just want to be lazy which is perfectly fine. YouTube offers a variety of movies, shows, concerts, stand-up specials and almost any clip imaginable for your viewing pleasure. You can even create a channel and make your own videos to share.

Almost anything you desire can be found on the streaming service; just don't fall into a spiral and waste your entire summer learning about things you could be doing during the summer.

## Working Out With More Friends and Less Distractions



Everyone wants to be outside when the weather is warm, and that desire has been heightened now that pandemic-related restrictions are being relaxed. Health was prioritized during the last two years as people cooked more at home and found new ways to exercise while gyms were closed.

With the emergence of trendy non-traditional exercise routines, people are finding new ways to stay in shape outside of lifting weights and running.

Cycling is a great option, but not everyone has a bike, and it's a pricey piece of equipment. You can develop a workout routine in a park with your friends. Sit-ups, burpees, push-ups and even pull-ups on monkey bars strengthen your core with little to no equipment.

Your level of exercise and specific goals also play a factor. If you're a high school athlete that wants to train for the next season, you could challenge yourself with speed and agility drills or run up natural hills or perform plyometrics on benches. Also, playing any sport, no matter your level, is fun with your friends. If you've never played basketball before, find a public court and have a good time. You wouldn't believe how many muscles the sport uses – expect to be sore.

Lastly, pilates and yoga are great forms of exercise that help with strength, flexibility and mental clarity. Coaches and teachers on Youtube such as Adrienne, Sara Beth, Travis Eliot, Cassandra and Jessica Richburg have pre-made routines for every level and length. Bring your phone to a park, because you're going to anyway, and you and your friends can follow along to the instruction.

There are plenty of routines you can do outside of the gym in public spaces to enjoy the warm weather, spend time with your friends without a plethora of distractions and be healthy in the process.

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