

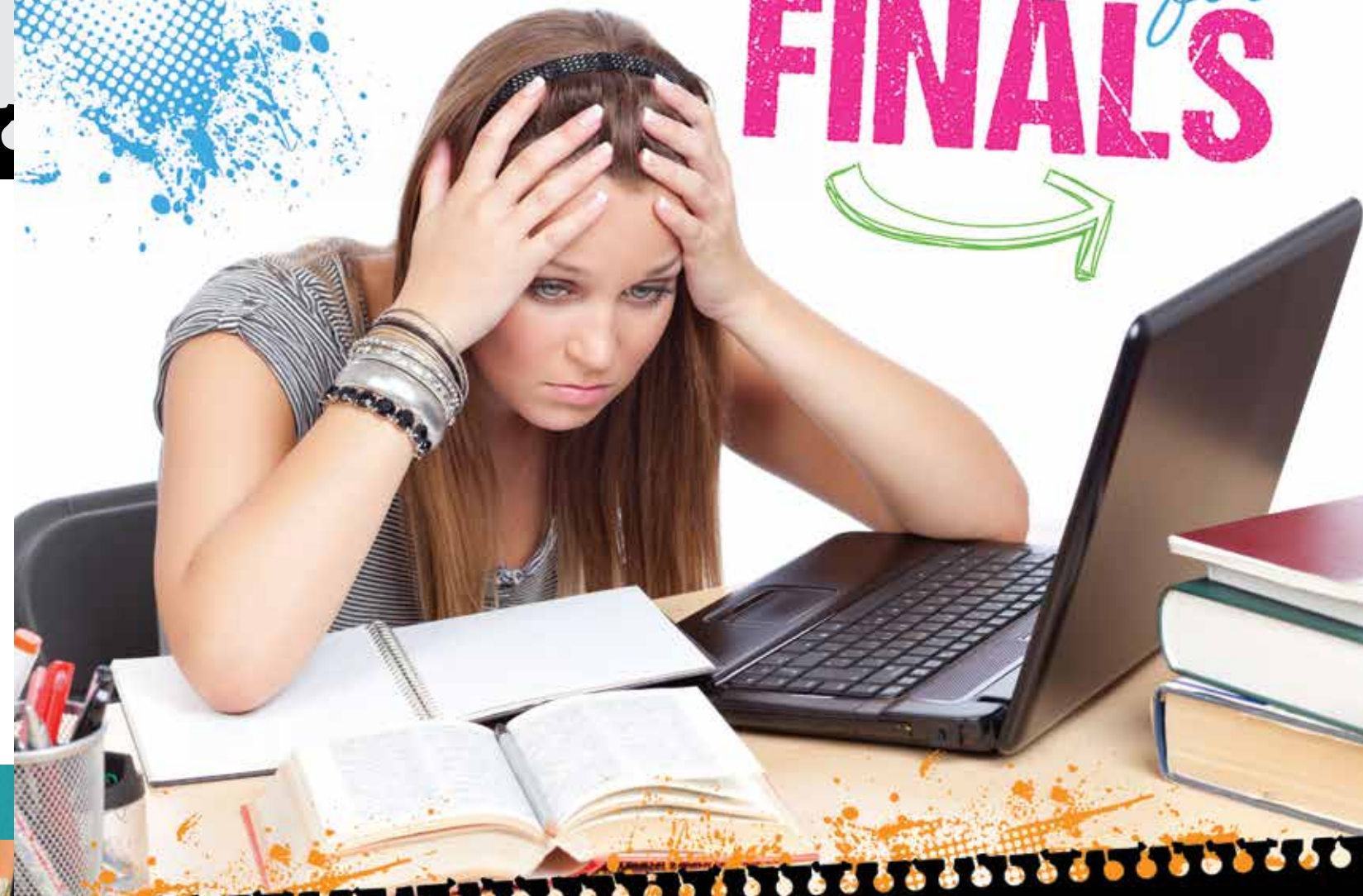
POLL TIME

How do you prefer to shop? Do you still go to Brick and Mortar stores or do you shop online? Send us your answer and look for the results in the Summer newsletter. We will draw one name of all entries to win a \$5 Starbucks gift card

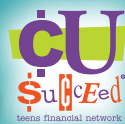


CLAIM YOUR YOUTH

Time Management *for* FINALS



CLAIM YOUR YOUTH™



Budget Friendly

Pg.3



What's Inside

What Type Of Test Taker Are You?

PAGE 2

Finals; don't stress just from the idea of taking tests that will essentially decide your future! I think I may have just made it worse. The truth is that you've been ready this entire time so that's a relief.

CONTINUED ON PAGE 2

Time Management *for* FINALS



continued from page 1

Start by mentally preparing yourself for the onslaught of questions. Your mind is about to obtain a great amount of knowledge so give it a break and make sure it's clear. This means no thoughts of unnecessary social drama or what you're going to do this summer. Also, it's just as important that your body feels as good as your mind so stay active and rested and eat well. Maybe do some yoga or mediation. No one will think you're a hippie.

Now, onto what you don't want to think about. The best way to approach finals is to start early! You've been ready this entire time because teachers wouldn't be lecturing and quizzing you on things that aren't important. Review your notes and past tests, create your own study guide outside of the one provided, and set up study groups with your classmates because you all may have information others didn't catch. Lastly, don't be afraid to ask questions, your teachers aren't trying to fail you and ruin the country's education statistics.

To reiterate: start early. Yet, don't dedicate all your time to studying; make sure you have breaks scheduled. Balance and pace is very important so you don't overload your brain and then it crashes at the worst possible time. And get some sleep already!

What Type Of Test Taker Are You?

The old saying goes: different strokes for different folks. I shouldn't have to explain to you what that means, and I won't because you need to pay attention. Or do you?

There's three main types of test takers: the crammer, the planner, and the ones who just wing it.

Crammers are risk takers; they wait until the last minute to gather all the required information and rely on the philosophy that it will be fresh in their mind. It comes with a high amount of stress, but some people perform better under pressure.

Planners are essentially the model student – don't be jealous. Organization helps, but the key is to review more than once because if you studied something at the beginning of your schedule, there's a chance the answers may disappear come test time.

Then you have the people who wing it; they trust in their mind and hope the question will trigger their knowledge. There are people out there who are able to process and obtain information to a high degree, but if you've never taken this approach, a meaningful test shouldn't serve as your guinea pig.

Texas A&M University Medicine did an interesting study* regarding test-taking personalities, observing the characteristics of students and offering suggestions to better their respective styles. You can read the results and find your match and maybe a new approach if you're struggling.

Test taking is somewhat of an art, but do what works best for you, because that's what you've been doing the whole time. If it ain't broke, don't fix it.

*<https://medicine.tamhsc.edu/academic-support/test-taking-tips/test-taker-personalities.html>.

Budget Friendly



Prom: the nerves and anticipation of asking your crush, the joy of preparation, the forefront to fine dining and formal galas, and spending money. Seriously, teens can spend upwards of \$700 per couple. Ridiculous! How you may ask...

- **PROM TICKETS:** Make sure you have a date before you purchase two.
- **ATTIRE:** Dresses, alterations, shoes, tuxedos, jewelry, nails, makeup, the whole shebang. Search for discounts, invest in something you'll use again, or borrow borrow borrow!
- **TRANSPORTATION:** Avoid the embarrassment of your parents taking you at all costs (but not at all costs).
- **DINNER:** Avoid buffets, but I like where your mind is at.

Let's start simple and decide how to ask someone to prom. Of course, if you're in a relationship then you should know the answer, but that doesn't mean you're off the hook. It's a romantic time, have fun with it and woo your mate!

Promposals really don't need to cost anything because you'll be spending plenty as adults during engagements – you have no idea. Luckily, this is why there's a Dollar Store. Solo cups stuck into the fence of an overpass, spelling out someone's name is classic and simple – of course, make sure they're aware because there are plenty of Jens and Steves out there and it may cause confusion. Other options are a note resting within a balloon waiting to be popped, creative baked goods, and shoe polish covering car windows much to the chagrin of parents. The brave may also sport a funny costume to get their point across: the risk of shame can provide you with great reward.

That sounds like it should be in a fortune cookie which brings us to our next topic: dinner. Dinner isn't just dinner. First, you need to find an outfit which can easily be attained through discount stores or family loaners; it doesn't take your entire bank account to look stylish once. Check Pinterest for makeup and accessory tips and get the girls together beforehand for some pre-prom fun. Guys, will you at least comb your hair?

Next is transportation. You can drive you and your date, carpool or Uber, or split the cost of a limo with your friends. Only the word limo is intimidating; the cost if shared by other couples really isn't anything to be afraid of – we're talking \$20 a pair depending on the amount of people, time, and style of chariot so pick a place close to the dance.

Now it's time to eat (finally) in front of someone you're trying to impress at somewhere classy. Dining can get pricey, but it doesn't have to be. A romantic picnic in the park is a clever way to save money and still impress your date, or if in a group, going to a family-style restaurant can be very cost effective – sharing is caring. Even a potluck or pizza party before the dance at a fellow student's home can be fun. Trust me, parents are going to like the option of NOT giving you their credit card.

Recap: Dollar Store promposals, borrow borrow borrow, self- or shared-commuting, and home-cooked or family-style meals. Now all you have to worry about is having fun!