



4 Ways to Save on Pregnancy Expenses

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According to Glamour Magazine, more women conceive in November than in any other



month...which means many women will likely be announcing their pregnancies in January!

Babies are super cute...but also super expensive! However, if you develop the mindset of saving money before your child is even born, it will be easier for you to raise them frugally.

Here are 4 ideas to save you cash during your pregnancy:

1. Be smart about maternity clothes

Instead of buying new, try hitting up your friends to see if anyone has maternity clothes you could borrow. Shop thrift stores, too (most have a small maternity section). Buy items you can still wear post-pregnancy, like shirts with empire waists, or use a [Bella Band](#) to extend the life of your regular pants.

2. Add practical items to baby registries

You won't know if that expensive swing will work for your baby until after you have your child home, but every baby needs diapers. So put those practical things on your registry and let other people buy them for you. Gift cards are great, too.

3. Research pregnancy freebies

Lots of stores offer point systems. If you pick one or two stores and use them regularly, you'll be able to

earn free items. Since you'll do a lot of purchasing while you're pregnant, you'll be racking up points before the baby even comes. In addition, many doctors' offices and companies offer all kinds of free samples if you ask.

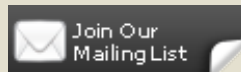
4. Compare medical costs

There can be quite a huge discrepancy between what different medical providers charge for the same procedures. Before you choose a doctor, hospital, or provider for any prenatal testing, check out all your options. This means doing everything from making sure that you are going to a provider covered by your insurance to figuring out who will give you the best price on things like ultrasounds.

Source: www.wisebread.com

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